Diary Dates

Monday 4th March North Coast girls cricket.
Wednesday 6th March North Coast Swimming.
Monday 11th March North Coast boys cricket
Thursday 28th March Easter Hat Parade K-2
Friday 29th March Good Friday Holiday
Monday 1st April Easter Monday Holiday

School Photos
All the students did very well to get to school for their photos on Monday and Tuesday. They all looked smashing in their school uniforms and it is a pleasure to see so many happy smiling faces.

Sports News
This is the time of year when many of our sports teams start to take off. Good luck to all students trying out for school teams over the coming weeks. Special encouragement also goes to the students bidding for a place in the North Coast Girls Cricket Team.

A special note of encouragement should go to our swimmers heading to Coffs Harbour today for the Mid North Coast PSSA Championships. Students include: Maddison Giggins, Piper Brown, Charlotte Cooper, Josie Mason, Violet Roberts, Isabelle Lancaster, Darcee Osborne, Isaac Barker, Matthew Barker, Tom Egan, Owen Taylor, Joshua Sommer, Caleb Barker, Lachlan Rudder, Scott Rose, William Lucas, Reece Stevenson. Students who are successful at this event will then progress to the North Coast Carnival on 6th March.

Good luck also to our boys cricket team who are competing against Grafton PS next Friday in the state PSSA knockout.

Easter Hats K-2
Easter is less than a month away and I am told that the Easter Hat Parade is an event not to be missed. With this in mind it may be a chance for everyone to start thinking about the event and what you might be placing on your head!

Daily Examiner Hockey
Could players please meet Miss Cotten at the following times this afternoon:
Years 3/4 at 4.00pm and Years 5/6 at 5.00pm
**After School Academy**
The workshops running this term are NAPLAN for Year 3 students and Creative Technology for Years 5 and 6 students. Thanks to Miss Carter, Mrs Wood and Mrs Ewart.

**School Uniforms**
After being at the school for about 5 weeks now I continue to be impressed by the way students consistently and proudly wear their uniforms each and every day. Congratulations to all students and parents.

**Student Safety Kelly Street Crossing.**
All parents driving or collecting children from this area need to exercise caution and drive within the required speed. If students are being collected from the opposite side of the street then parents need to get out of their car and escort their children across.

Thanks  
Kevin Jones  
Deputy Principal

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**Community News**

**Grafton Junior Hockey Sign On Day**
Sign on day is Saturday 2nd March from 11.00am to 1.00pm at the Grafton Hockey Complex. Junior boys and girls are welcome, if you are interested please see Miss Wendy Cotten on the Primary campus or turn up at the hockey pavilion on Saturday.

**South Services Gunners Soccer Club**
Final sign on day on Friday March 1st at Rushforth Park from 3.00pm-5.30pm. All players from age 5 to 16 welcome to register for juniors. Our focus is on Fun-Health-Development-Respect. For further information contact Shanon Tough on 0420 907 629.

**Clarence Valley Conservatorium**
The Idea of North is one of Australia’s best known vocal groups. Their brilliant music and engaging style has mesmerised fans around the world and won numerous international awards and the 2010 ARIA award for Best Jazz Album for a collaboration with James Morrison. Playing at South Grafton District Ex-Servicemen’s Club on Friday 15th March, commencing at 7.30pm.  
For bookings contact Clarence Valley Conservatorium on 6642 3555 or cvcon.com.au
FAMILY RELATIONSHIP SKILLS PROGRAM

Responding not Reacting

Recognising why we react and the importance of response.
Understanding children’s needs, balancing their needs and yours.
Listening to and focusing on your children.

Monday 4th March 9:30am - 2.30pm Free lunch. Pullen Centre, Grafton

Understanding Your Child’s Brain

Why tantrums, talking back and tidying up provide challenges for parents.
Using the different parts of the brain; instincts, feelings and information to help
children process and manage feelings using their thinking brains.
Building resilience and self esteem in our children.

Thursday 7th & 14th March 9.30am - 12:30pm St George Building, 32 Prince St, Grafton

Loving your Angry Child or Teenager

Helping parents support their child to
understand and express their anger appropriately.
Establishing clear boundaries around anger.

Monday 11th 18th & 25th March 9:30am – 12:30 pm. Pullen Centre, Grafton.

- All courses and workshops are free.
  Free Child Care on request.
  Bookings essential 66427572

FAMILY RELATIONSHIP SKILLS PROGRAM aims to
reduce the levels of stress experienced within families.
promote health and well being within relationships, families communities.
Group facilitators work from a strength based model. They provide an opportunity to reflect on experiences, be heard and re-
responded to, learn from others, attend to isolation and develop new skills.
The program operates across the Clarence, Bellingen and Nambucca Valleys, and the Coffs Harbour local government area.
Program facilitators acknowledge the Bundjalung, Gumbaynggirr and Yaegl people, traditional owners of the land on
which we work.