Monday 19th August
Mid North Coast Athletics

Tuesday 20th August
P&C Meeting
6.00pm Library

Wednesday 21st August
Maclean Division Chess Championships

Thursday 22nd August
Cricket Gala Day

Thursday 29th August
Market Day

Thursday 29th August
Market Day

Infants Sports Carnival
Congratulations
Champions marchers and overall house winners

BLUE KANGAROOS!

Age Champions-
5 Years Girls-1st Olivia Bax-Hall, 2nd Chloe Taylor, 3rd Zoe Cook
5 Years Boys-1st Aynslie Roberts, 2nd Max Kurimalawai, 3rd Lochlan Foster
6 Years Girls-1st Jannali Fernando, 2nd Esther Barker, 3rd Hayley Robertson & Chelsea Berry
6 Years Boys-1st Callum Dalton, 2nd Noah Russ, 3rd Jackson Pholi
7 Years Girls-1st Kym Mason, 2nd Tallara Taylor, 3rd Ella Gosling
7 Years Boys-1st Riley Dawson, 2nd Joshua Vassallo, 3rd Dayne Croft
8 Years Girls-1st Logan Pitkin, 2nd Bree Duckworth, 3rd Lucy Rouse
8 Years Boys-1st Isaac Barker, 2nd Ronan Baker Fergusson, 3rd Brent Corbett
9 Years Boys-1st Dylan Brennan, 2nd Tylar Donohue

A particular thank you goes to Mrs Dodd and Ms King for their excellent organisation.

Susan Hillery
**Mid North Coast Athletics**
Good luck to the following students who will attend the Mid North Coast Carnival at Coffs Harbour 19th August

**Girls** - Josie Mason, Nathalie Avery, Darcee Osborne, Kya Broughton, Piper Brown, Emily Graus, Brooke Corbett, Hannah McNaught, Chantelle MacDonald, Tanisha Martin.

**Boys** - Izaac Barker, Tristan Debono, Matthew Barker, Lachlan Rudder, Reece Stevenson, Calham Wear, Jamal Laurie, Rhys Williams, Caleb Barker, Sam Egan, Jacob Donoghue, Jack Adams.

**Market Day Thursday 29th August**

**Monster Raffle** - This year we have organised the SeaWorld Nara Resort Raffle. Families were given 1 book of 10 tickets @$2 each. Please purchase or sell what you can and return any unsold tickets to school as soon as possible. We are then going to sell these in the community. It is important that we get all tickets back sold or unsold. If anyone requires more tickets to sell they can pick up additional books at the Primary office. The raffle will be drawn on Market Day.

**Trays for Cake Stall** - Cake trays for people cooking for the cake stall are available to pick up from both Infants and Primary canteens. Helpers are still needed for stalls on the day. Donations for the craft stall can be left at either office and donations for the plant stall can be left at the GA’s office at the Primary campus. Donations of bottles and items to fill them for Mr Skinner’s Tombola can be left at the Primary office. This is like a lotto game, jars are numbered and students purchase a number and win that jar.

**Student Banking**
Congratulations to our student bankers who have earned $1,000 in commission for our school in the last financial year simply by participating in the Commonwealth Bank School Banking program here at school. A big thank you to our volunteer mums Tracy and Amanda who run the program making this all possible. Banking day is every Tuesday and everyone is welcome to join!

**Premier's Reading Challenge**
The PRC is finishing up for 2013 on 23rd August. K-2 students have completed their tasks in the library already and have been entered as a whole group. Primary students who are entering need to complete their records themselves, or see Mrs Berry, Mr Paull, Mr Anderson or Mrs Rouse in the library for assistance.

**Book Week**
Next week is Book Week, with the theme this year being “Read Across the Universe”. Students are reading the shortlisted books, working on displays in the library and selected classes will be taking part in video conferences. There is no book character parade, as this takes place every second year.

**Year 7 2014 Information Night**
A Parent Information Evening for Year 7 2014 will be held in the SGHS hall on Tuesday 20th August starting at 7.00pm. Copies of the Self Select and Student Information sheets, and other information for incoming Year 7 enrolments are available on the school website www.stthgrafton-h.schoools.nsw.edu.au. Also checkout, follow and “Like” the official SGHS Facebook page- /www.facebook.com/southgraftonhighschoolofficial

**Medical Records Update**
During Terms 3 and 4 we will be updating our medical records systems to ensure we have the most up to date information on your child’s health. If you have a child with a medical condition they will bring home a copy of the new forms which you will need to fill out and return to the school. The new forms will help us to collect your child’s important medical information and the introduction of new systems will mean we’ll be able to better manage the daily and emergency health needs of your child. We appreciate your support. If you have any questions please call the school on 6642 3388.
BLUE RIBBON AWARDS

Isabella Lehman  
Jamal Laurie  
Tetley Byrant  
Tom Egan  
Emily Masson  
Jacob Harvey  

Tia Burchell  
Isabella Creighton-Cassidy  
Alana De Llanza  
Sadira Ackland  
Alicia Cahill-Molloy

Jessica Vassallo  
Cody Staggard  
Sophie Woolfe  
Kira Masson  
Ashlee Rodgers

SILVER BADGE

Maddison Giggins  
Kellie Lever  
Isabella Worthing

Community News

South Services Cricket Club
South Services Cricket Club sign on day will be held at JJ Lawrence fields on Saturday 31st August from 9.00am-12.00pm for juniors and seniors. Any enquiries please phone Karen Cleaver 0417 248 134 or email clokaren@yahoo.com.au.

Brothers Cricket Club
Brothers Cricket club sign on day will be held on Saturday 14th September at Grafton Shopping World (next to Wendy’s). Sign on will be from 9.00am-1.00pm. Any enquiries please contact Lyn Rudder on 0427 676 614.

Ryans Bus Service
Ryans Bus Service now has a facebook page to communicate directly with parents/students and even schools to let them know of any changes/disruptions/delays with school and passenger services. Our face book page is www.facebook.com/ryansbusservice

Canteen

Cambridge Street
Monday 19.08.13 Chris Fuller, Margaret Jones  
Tuesday  Helen Power, Rhonda King  
Wednesday  Rhonda King, Kerry Martin  
Thursday  Susan Hall, Christine Croft  
Friday  Lauren Rixon, Stacey Williams

Vere Street
Monday  Belinda Wormald, HELP WANTED  
Tuesday  Leanne Jenkins, HELP WANTED  
Wednesday  Sylvia Laurie, Irene Gough  
Thursday  Sharon Rogers, HELP WANTED  
Friday  Bronwen Brown

Cambridge Street
Monday 26.08.13 Janice Davies, Delma Morrow  
Tuesday  Rhonda King, Christine Croft  
Wednesday  Lee Haylan, Jodie Ferguson  
Thursday  Rhonda King, Sharon Rogers  
Friday  Michael Vercoe, Min Keyte

Vere Street
Monday  Sylvia Laurie, Roxanne Laurie  
Tuesday  Leanne Jenkins, HELP WANTED  
Wednesday  Sylvia Laurie, Kim Dove  
Thursday  Julie-Anne Brett, HELP WANTED  
Friday  Norma Purnell, HELP WANTED
9 August 2013

Dear Principal

Information for Parents – Rubella (German Measles) Alert

I am writing to bring the following information to your attention and ask that you share it with parents of your school.

The North Coast Public Health Unit (Lismore Office) has been notified of five (5) cases of Rubella (more commonly known as German measles) in the Northern Rivers area.

Rubella is an infectious viral disease. Common symptoms may include rash, mild fever, runny nose and conjunctivitis.

Infection is especially dangerous during the early stages of pregnancy and may result in miscarriage or cause serious birth defects such as intellectual disability, heart defects, deafness, and eye problems including cataracts. Congenital rubella syndrome occurs in up to 90% of babies born to women who are infected with German measles during the first 10 weeks of their pregnancy.

How is it spread?
German measles is readily spread from an infected person to others by coughing, sneezing or direct contact. It is easily spread to people who have not been vaccinated. It can spread from up to seven days before the rash occurs until four days later.

How is it prevented?
People with rubella should stay at home until at least four days after the rash appeared and avoid contact with people who have not been vaccinated. This will mean staying home from school or childcare during this period.

Vaccination is the only prevention for rubella and is given in combination with measles and mumps (MMR) vaccination. It is important to double check that all members of your family are fully up to date with the MMR vaccine. Two (2) doses of MMR, given at a minimum of 4 weeks apart are required. If in doubt, please ask your doctor to check.

Please take the time to read the attached fact sheet [http://www.health.nsw.gov.au/infectious/factsheets] and if you or your household member develops any of these symptoms, see your doctor as soon as possible. Pregnant women who think they may have come into contact with a person with rubella should also call their doctor for advice.

Take this letter with you when you see your doctor.

If you require any further information please call the North Coast Public Health Unit on 1300 066 055 and ask to speak to a member of the communicable diseases team.

Yours sincerely,

Greg Bell
Assistant Director Public Health
Free Come and Try BMX

Saturday the 24th of August
1.00pm to 3.00pm

At the Clarence Valley BMX Club’s race track located at the corner of Abbott and Vere Streets in South Grafton.

This will be a great opportunity for anyone who rides a bike and is interested in having a ride on a BMX race track. Riders and spectators will experience the thrills and excitement of this family orientated sport.

Riders from 2 years and up can join in the fun and have a ride around the BMX track. Free coaching and training will be available from 1.00pm to 3.00pm to help new riders gain basic bike skills and confidence.
At 4.00pm the BMX club riders will be showing how it is done by putting on some BMX races.

BMX is not just for the boy’s as the number of girls riding and racing BMX bikes is on the increase throughout Australia.
The great thing about BMX as a sport is that the whole family can get involved, no matter what age the kids are they all can do the same sport at the one time and place.

The canteen will be open during the day for cold drinks and hot food.
Come and meet club’s mascot “Clarence” the BMX Cougar.

Bring along a good working order bike. Bikes sizes can be from a 16 inch BMX to 26 inch mountain bike, 2 to 4 year olds can bring a balance bike. For your protection you will also need a good bike helmet (preferred full face) long pants and long sleeve shirt, shoes and socks that cover the ankle, gloves (any type will do)

If you do not have a BMX bike or some of the safety gear just ask at the canteen on the day. The club will have someone on hand to checkout your bike and help with making it safe to ride.

Tell all your friends and your parents.
More information is available at the Clarence Valley BMX Club’s website where you will also find some great pictures and videos of BMX action at the Clarence Valley BMX race track.
Library Café

SGPS Library - Thursdays 3.00pm-5.15pm

- Students (pre-school, primary or secondary), who are accompanied by a parent, are welcome to research, borrow, use computers and the internet, print or simply browse.

- Parents are welcome to enjoy a Nespresso coffee or tea and browse in the Parents’ Zone.
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